

Tenets of TaeKwon-Do

COURTESY

Being nice to everybody and being respectful of others.

INTEGRITY

Being honest and being able to stand up for what is right.

PERSEVERANCE

Ability to keep on going even when it is difficult or takes longer time to achieve success.

SELF-CONTROL

Ability to exercise discipline and restraint. To function without losing patience or losing temper.

INDOMITABLE SPIRIT

Having the courage and confidence to stand against failure and losing. Having the strong will to try and try again.

VICTORY

Achieving excellence and success.